

Understanding health literacy and keeping language simple: Join the pledge to take action

**Tuesday 3 December 2024, 9.30am – 2.15pm
Online (MS Teams)**

About this event

Ever wondered what health literacy is all about? Want to know why it matters and how it can help? We have partnered with the Health Literacy Team based at South Tyneside District Hospital to provide training that will help you to understand health literacy and how to use it every day, including in public health research.

Programme	
Session 1	
9.30 - 9.45	Introduction <i>Prof Amelia Lake (Chair), Fuse Associate Director, Professor of Public Health Nutrition, Teesside University</i>
9.45 - 10.45	Health literacy awareness <i>Tracey Garbarino and Leanne Kirkup, Health Literacy Trainers, North East and North Cumbria Integrated Care System</i>
10.45 - 11.00	Break
11.00 - 12.00	How to write simply (introduction) <i>Tracey Garbarino and Leanne Kirkup</i>
12.00 - 1.00	Lunch break
Session 2	
1.00 - 1.05	Welcome back <i>Prof Amelia Lake (Chair)</i>
1.05 - 2.00	Misinformation <i>Tracey Garbarino and Leanne Kirkup</i>
2.00 - 2.15	Summary, next steps and 'call to action' <i>Prof Amelia Lake (Chair)</i>